The Info Desk is located in the main hall at the SWPS University. Ask us if you have any questions or problems.

The Information Desk will be open:
14th of July from 5 p.m. to 8 p.m.
15th of July from 10 a.m to 8 p.m

The Registration and Information Desk:
16th of July from 8.30 a.m. to 6.30 p.m.
17th of July from 8.30 a.m. to 7.00 p.m.
18th of July from 8.30 a.m. to 7.00 p.m.
19th of July from 8.30 a.m. to 7.00 p.m.

Landline: +48 22 517 9812
MOBILE: +48 577 104 971

e-mail: iaccp_poland@swps.edu.pl

Facebook: IACCP Warsaw (from July 13)

SKYPE: IACCP European Congress (from July 13)
Venue: SWPS Uniwersytet Humanistyczno-Społeczny
Getting to the venue

From Modlin Airport

From Warsaw Chopin Airport

From Warsaw Central Railway Station
(Dworzec Centralny or Warszawa Centralna)

From Warsaw East Railway Station
(Dworzec Wschodni or Warszawa Wschodnia)
OPTION 1 - MODLIN BUS TO WARSAW CITY CENTRE

- Travel time: around 1h 15'
- This option allows you to rest during a ride in an air-conditioned bus (wi-fi onboard) for nearly an hour and see what it is like to be a Varsovian for a moment while you walk in the most commonly used underground passage in Warsaw.
  You will have to take a tram in order to get to the University, too.

STEP 1 - TAKE THE MODLIN BUS TO THE CITY CENTRE

- ModlinBus offers direct bus connections from Warsaw Modlin Airport (WMI) to Warsaw city centre (Plac Defilad, opposite the entrance to the Palace of Culture and Science)
- Time: 40 minutes
- Cost: 33 PLN / you can get a ticket at the airport close to the exit
- How to find it: ModlinBus parks right outside the main airport exit.
  You won’t miss it!

Additional info: Air-conditioning, wi-fi onboard; travels every half-an-hour.

STEP 2 - TAKE THE TRAM 22

- Once you’re at Plac Defilad: WALK to the roundabout CENTRUM.
  You will need to get underground in order to cross the street.
- Once you are underground: search for a sign “PRAGA” with a symbol of a tram.
- Get a tram 22 in the direction of WIATRACZNA.
- Get out at: PRAGA-PŁD RATUSZ (10th stop)

STEP 3 - WALK TO THE UNIVERSITY (3-4 minutes)
OPTION 2 - TRAIN TO THE CITY CENTRE

- Travel time: around 1H 30'
- This option takes a bit longer. However, this is the way the majority of Polish people landing in Modlin will take to get to the city centre. Choose this option if you’re not too tired.

STEP 1 - TAKE AN AIRPORT BUS FROM THE MODLIN RAILWAY STATION

- Cost: 19 PLN for a combined airport bus and train ticket
- How to find it: The airport bus will be right outside the main exit. It runs every 20-30mins.
- Ticket: You can get a ticket from a ticket machine both for the airport bus and a train that you will take as the next step.
- Departure times both for the airport bus and trains will be visible next to the exit of the airport.
- Notice: Not all trains go to the Warsaw Central Station (Warszawa Centralna / Dworzec Centralny)
- You can also check the train timetable here: www.mazowieckie.com.pl

STEP 2 - TAKE A TRAIN TO WARSAW CENTRAL

- Get on the train. This part of your journey will take app. 45mins.
- Get out at: WARSZAWA CENTRALNA

STEP 3 - TAKE TRAM 22

- Once you are in the underground (the platforms of the railways station are in the underground) find your way to the TRAM STOP in the direction of PRAGA. In order to do this you need to get moving stairs out of the platform and then search for the sign saying PRAGA.
- Take tram 22 in the direction of WIATRACZNA.
- Once you’ve found the tram stop. Choose tram 22 in the direction of WIATRACZNA.
- Get out at: PRAGA-PŁD RATUŚZ (10th stop)

STEP 4 - WALK TO THE UNIVERSITY
From Modlin Airport - option 3

TAXI

Travel time: around 40-50’ or more in case of heavy traffic

STEP 1

This option is the most comfortable as it only requires you to call for a taxi. The company Glob Taxi has a special offer for people travelling to the Modlin Airport.

Call: Glob Cab Taxi Warszawa at +48 666 00 96 68
Give the driver the address of the University: Chodakowska 19/31, 03-815 Warszawa
Cost: 99 PLN (cash or credit)

Make sure the driver knows that you know about the offer.
You can ask in English or show this sentence in Polish:

Chciałbym/chciałabym skorzystać z oferty dojazdu do Warszawy z lotniska za 99zł. Poproszę o zawiezienie na Uniwersytet SWPS - Chodakowska 19/31 (Praga Południe).
From Chopin Airport - option 1

OPTION 1 - TRAIN AND TRAM
● Travel time: around 45'

STEP 1 - TAKE A SKM TRAIN
● Chopin Airport is served by two SKM Szybka Kolej Miejska (Fast Urban Railway) lines, S2 and S3.
● Once you are at the airport find your way to the SKM train.
● If you choose S2 - get out at: WARSZAWA ŚRÓDMIEŚCIE
● If you choose S3 - get out at: WARSZAWA CENTRALNA (Central Railway Station)

The two stations are within a walking distance.

STEP 2 - TAKE TRAM 22
If you have chosen the S2 train:
● You will need to get out of the station completely and walk to a different underground passage entrance.
● Once you’re outside - walk to the point marked on the map. You will need to get underground once again and search for a tram exit. Look for a sign saying PRAGA and a tram sign.

If you have chosen the S3 train:
● Once you are in the underground (the platforms of the railways station are in the underground) find your way to the TRAM STOP in the direction of PRAGA. In order to do this you need to get moving stairs out of the platform and then search for a sign.
● Once you’ve found the tram stop. Choose tram 22 in the direction of WIAFRACZNA.
● Get out at: PRAGA-PŁD RATUSZ (10th stop)

STEP 3 - WALK TO THE UNIVERSITY
From Chopin Airport - option 2

OPTION 2 - TAXI

Travel time: around 30’

Call: Glob Cab Taxi Warszawa at +48 666 00 96 68
Give the driver the address of the University:
Uniwersytet SWPS, Chodakowska 19/31, 03-815 Warszawa (Praga Południe)
Cost: 99 PLN (cash or credit)
TRAM
- Travel time: around 30'

STEP 1 - TAKE TRAM 22

In case you are at any platform:
- Once you are in the underground (the platforms of the railways station are in the underground) find your way to the TRAM STOP in the direction of PRAGA. In order to do this you need to get moving stairs out of the platform and then search for the sign saying PRAGA.

If you are outside the station or the main hall:
- You need to get underground and find your way to the TRAM STOP in the direction of PRAGA. In order to do this you need to get moving stairs out of the platform and then search for the sign saying PRAGA.

Once you've found the tram stop. Choose tram 22 in the direction of WIATRACZNA.
Get out at: PRAGA-PŁD RATUSZ (10th stop)

STEP 2 - WALK TO THE UNIVERSITY
TAXI

Travel time: 20’

In order to take a taxi you can either call a company (cheaper) or take one that is outside on a taxi stand right outside (side facing a shopping mall). It will be cheaper if you chose to order one.

If you choose to call for one -
Call: Glob Cab Taxi Warszawa at +48 666 00 96 68

In both cases:
Give the driver the address of the University:
Uniwersytet SWPS, Chodakowska 19/31, 03-815 Warszawa (Praga Południe)
TRAM
Travel time: around 30’

STEP 1 - TAKE TRAM 73

- When you are getting out of the station look for a sign saying KIJOWSKA. There are two exits from this stations (in two opposite directions: Lubelska and Kijowska).
- Once you’re outside look for a tram stop.
- Take tram 73 in the direction of GOÇŁAWEK.
- Get out at: PRAGA-PŁD RATUSZ (6th stop)

STEP 2 - WALK TO THE UNIVERSITY

From Warsaw East Railway Station (Dworzec Wschodni or Warszawa Wschodnia) option 1
TAXI

Travel time: up to 5'

In order to take a taxi you and either call a company (cheaper) or take one that is outside on a taxi stand right outside. They are not always there, though.

If you choose to call for one:
Call: Glob Cab Taxi Warszawa at +48 666 00 96 68
Give the driver the address of the University:
Uniwersytet SWPS, Chodakowska 19/31, 03-815 Warszawa (Praga Południe)
How to find SWPS University from the bus stop?
Public transport tickets

There are several types of public transport tickets to be used for all means of transportation. That includes trams, buses, the two metro lines and SKM trains (Szybka Kolej Miejska = Fast Urban Railway). You will find these ticket types listed below:

- Single-fare transfer ticket \( (\text{Bilet przesiadkowy}) \)
- One-day ticket \( (\text{Bilet dobowy}) \)
- Three-day ticket \( (\text{Bilet 3-dniowy}) \)

Notice: People over 70 years old ride for free. During ticket control you will be asked to show an ID card or another document with a photograph showing date of birth.
Public transport tickets

**SINGLE-FARE TRANSFER TICKET (BILET PRZESIADKOWY)**

- valid for all day lines and night lines of all means of transportation
- valid for 75 minutes from its validation
- price: 4,40 PLN

Single fare transfer ticket entitles to an unlimited number of journeys for a period not exceeding 75 minutes from its validation or entitling to a single journey to a stop or station which is the last on the route.

**ONE-DAY TICKET (BILET DOBOWY)**

- valid for all day lines and night lines of all means of transportation
- valid for 24 hours from its validation
- price: 15 PLN

During the first journey the ticket should be validated immediately after boarding the vehicle. When travelling by metro, you should validate the ticket at the entrance gate before entering the platform, or in the validating machine available next to the lift.

**3-DAY TICKET (BILET 3-DNIOWY)**

- valid for all day lines and night lines of all means of transportation
- valid for 72 hours from its validation
- price: 36 PLN

During the first journey the ticket should be validated immediately after boarding the vehicle. When travelling by metro, you should validate the ticket at the entrance gate before entering the platform, or in the validating machine available next to the lift.
Public transport tickets

DISCOUNTED PRICES

50% discount:
- PhD students, until they turn 35 (valid school ID card is needed)
- Children under 16 (document with a photograph showing date of birth is needed)
- Youths over 17 until they turn 21 (valid school ID card is needed)

Fare-free:
- People over 70 (ID card or document showing date of birth is needed)
- Persons with high disability level (certificate confirming disability is needed)

Full list of discount entitlements can be found here: http://www.ztm.waw.pl/?c=142&l=2
Purchase of public transport tickets

Public transport tickets can be obtained in a variety of ways.

- Ticket machine at Chopin Airport
- Ticket machine at Modlin Airport
- Standalone ticket machines
- Ticket machines in vehicles
- Purchase of one-way tickets in vehicles – sale by vehicle drivers
Purchase of public transport tickets

**TICKET MACHINES AT CHOPIN AIRPORT**

Tickets on the airport premises can be bought by using ticket machines in the arrival hall. Payment by cash or credit.

**TICKET MACHINE AT MODLIN AIRPORT**

Tickets on the airport premises can be bought in a ticket machine close to the exit in the arrival hall. Payment by cash or credit.
Public transport tickets

STANDALONE TICKET MACHINES can look differently.

You can find the nearest ticket machine by entering your whereabouts here:
Purchase of public transport tickets

TICKET MACHINES IN VEHICLES

- tickets purchased inside vehicles are validated automatically
- tickets to be bought ahead of time are not available for purchase

Please note: These are not available in all buses/trams etc.

The Public Transport Authority gradually develops a network of ticket vending machines on board of its vehicles. As for now they have been installed on board of all SKM trains, in new trams and many buses, including vehicles operating on line 175 which runs to the Chopin Airport.
PURCHASE OF ONE-WAY TICKETS (SINGLE-FARE) IN VEHICLES - SALE BY VEHICLE DRIVERS

- Cash only: prepare the exact amount of the ticket (without the need to give the change back by the vehicle driver).
- Only while the vehicle is at the bus stop.
- Tickets must be validated at the nearest ticket puncher.
- In case of vehicle delay of more than three minutes with respect to the timetable the vehicle driver may refuse to sell tickets.

Please note: Polish bus drivers rarely speak any English. If you prefer to use this way of purchasing a ticket please have the sentence below ready to show to the driver:

*Dzień dobry, chciałbym/łabym zakupić bilet jednorazowy normalny. Dziękuję!*
“TRASA ZMIENIONA” means that the regular route has been changed. Try to avoid these in general. Changes are often due to construction works that last for a couple of days.

“ZJAZD DO ZAJEZDNI” means the vehicle is going to the depot. This sign will show up similarly to “trasa zmieniona” on the front of the bus. This also means that the route has been changed.
Basic Polish

- **Dzień dobry** - good morning / good afternoon (jane DOH-brih)
- **Dobry wieczór** - good evening (DOH-brih VYEH-choor)
- **Cześć** - hi (cheshch)
- **Do widzenia** - goodbye (doh vee-DZEN-ya)
- **Proszę** - please / here you are (PROH-sheh)
- **Dziękuję** - thank you (jen-KOO-yeh)
- **Dzięki** - thanks (informal) (JEN-kee)
- **Przepraszam** - I'm sorry / excuse me (psheh-PRAH-shahm)
- **Tak** - yes (tahk)
- **Nie** - no / not (nyeh)
- **Nie wiem** - I don't know (nyeh vyem)
- **Jak się masz?** - How are you? (informal) (yahk shay mahsh)
- **Nie mówię po polsku.** - I don't speak Polish (nyeh MOO-vyeh poh pohl-skoo)
- **Nie rozumiem** - I don't understand (nyeh roh-ZOO-myem)
- **Na zdrowie!** - Cheers! / Bless you! (lit. For health!) (nah ZDROH-vyeh)
Accommodation

Place of your accommodation:

**Student residence hall**

Address:

Ludwika Kickiego 9
04-373 Warszawa

After entering the building you can find the reception on your right
Accommodation

In order not to get lost when you get out of the train please enter the transition marked with red arrow and go straight. You will find yourself on Kickiego street.

Member of the Students Organizing Committee will be waiting for you there!

How to get there? From the University take any tram that goes to WIATRACZNA or GOCŁAWEK and get out at Kickiego tram stop. If you come from airport or railway station just extend your trip for the next two stops!
112: General emergency number
999: Ambulance
998: Fire Brigade
997: Police

Using mobile phones: remember to dial the local code before the number, for example: **22 - 997 to call the police in Warsaw**. Emergency calls from phone boxes are free of charge.

If you do not know the local code, dial the general emergency number for mobile phones: 112. The operator will request the appropriate emergency unit.

We recommend using direct emergency numbers in the case of danger (997, 999, 998) because in some areas the general emergency number (112) still does not work properly.
24/7 pharmacies*

*in Polish: APTEKA.

**City centre**
- pl. Mirowski 1, lok. I/Z, tel. 22 654 87 05
- ul. Mokotowska 12, tel. 22 622 35 36
- ul. Franciszkańska 14, lok. 102, tel. 22 635 35 25

**Praga-Południe** (district around the University)
- al. Waszyngtona 12/14, tel. 22 617 54 10
- ul. Grochowska 256, tel. 22 870 32 49
22 tram to the center

Beautiful Skaryszewski Park

24 h pharmacy

take any tram from Kickiego 02 and get off at Gocławska to get to SWPS

12 min co 6 min

13 min do 12 min

In Poland the power sockets are of type E. The standard voltage is 230 V and the standard frequency is 50 Hz.
The official currency is **Polish złoty**.

1 złoty = 100 groszy

**COINS**
- 1, 2, 5 złotych
- 1, 2, 5, 10, 20, 50 groszy

**NOTES**
- 10, 20, 50, 100, 200, 500 złotych

**CURRENCY EXCHANGE**
You can exchange your money in a KANTOR. Pay attention to the exchange rates!
HOW MUCH FOR...?

1 EUR ~ 4.18 PLN
1 USD ~ 3.73 PLN
1 GBP ~ 4.80 PLN
1 UAH ~ 0.14 PLN
1 TRY ~ 1.05 PLN
1000 BYR ~ 0.20 PLN

BEVERAGES

...beer? 3-4 PLN (shop) / 10 PLN (pub)
...water? 2 PLN (shop) / 5 PLN (pub)

LUNCH

in a bar mleczny* - up to 15 PLN
in a restaurant - 30-50 PLN

LEISURE

ropes course - 30-50 PLN
club entrance ticket - 20 PLN

* BAR MLECZNY - (literally ‘milk bar’) is a cheap self-service cafeteria which usually serves only traditional Polish food.
TAXI

Mobile applications:

- Uber
- mytaxi

We speak ENGLISH!

Taxi entrance fee is 7 zł / 8 zł, depending on the company.

<table>
<thead>
<tr>
<th>Company</th>
<th>Phone Number</th>
<th>Price</th>
<th>Rate per km</th>
</tr>
</thead>
<tbody>
<tr>
<td>TAXI CITY</td>
<td>221 94 59</td>
<td>8 zł</td>
<td>1,80 zł/km</td>
</tr>
<tr>
<td></td>
<td>22 848 88 88</td>
<td></td>
<td></td>
</tr>
<tr>
<td>OPTI TAXI</td>
<td>22 33 11 999</td>
<td>7 zł</td>
<td>1,30 zł/km</td>
</tr>
<tr>
<td>ECO TAXI</td>
<td>22 644 22 22</td>
<td>8 zł</td>
<td>1,40 zł/km</td>
</tr>
</tbody>
</table>

Phone App or website

Jakdojade: public transport
www.warszawa.jakdojade.pl

search engine of public transport connections

Available for Android and iOS
How to rent a city bike:

By website

Step 1: Enter the website
Enter the website: https://www.veturilo.waw.pl/

Step 2: Choose language
On the right side you will find icons where you can choose languages.

Step 3: Register
Click on the icon "register". You will need to fill out information like phone number and name. You need the phone number and e-mail to receive your password for the account. You need to pay minimum 10zł of initial fee. You can also register by registering your credit card at the terminal located at every bicycle station.

Step 4: Rent a bike!
- When you find a terminal press the button of "Rental/Return", after you have done that instruction should be shown, and then you just follow the instructions displayed on the screen.

TIPS! Take a picture or write down the code for the lock

Step 5: Return
- Now, the only thing you have to do is to put back the bike into the electric lock
- Sometimes there may be no empty space at the station you find,: Connect the bike via code lock to the handle of the bike stand, or it might also be another bike. Shuffle the digit on the lock. Now, you have to approach the terminal, press "Rental/return" and then follow the instructions that will appear on the screen.

TIPS! There is also an application for renting city bikes! Here you can even scan the QR code of a given bike.

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Contact center: 19 115
Complaints and inquiries: ck@veturilo.waw.pl

Getting around the city

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Initial fee</td>
<td>10 zł</td>
</tr>
<tr>
<td>0-20 min</td>
<td>0 zł</td>
</tr>
<tr>
<td>21-61 min</td>
<td>1 zł</td>
</tr>
<tr>
<td>Second hour</td>
<td>3 zł</td>
</tr>
<tr>
<td>Third hour</td>
<td>5 zł</td>
</tr>
<tr>
<td>Fourth hour and each subsequent hour</td>
<td>7 zł</td>
</tr>
<tr>
<td>EXCEEDING 12H RENTAL</td>
<td>200 zł</td>
</tr>
</tbody>
</table>
Surroundings of the venue:
Rondo Wiatraczna
Surroundings of the venue:
Rondo Wiatraczna

While traveling from Rondo Wiatraczna we recommend you to use bus/tram stops that we marked on a map.

**Stop no. 1** is tram stop and will lead you towards the SWPS University (get out at GOCŁAWSKA).

**Stop no. 2** is tram stop and will get you to the Warsaw city centre or more specifically Aleje Jerozolimskie - Palace of Culture and Science and Central and Warsaw Central Station.

**Stop no. 3** is a bus stop that you can use if you want to travel toward Metro Politechnika.

**Stop no. 4** is a tram stop you can use to travel by tram either towards Wawer or Warsaw city centre.

**Stop no. 5** will get you to SWPS University (choose bus no. 125).

**Stop no. 6** is for those who want to discover more Warsaw. All buses from here go towards Wawer.
Surroundings of the venue: Park Skaryszewski
Something that all Varsovians know...

Plaża Poniatówka (Poniatówka Beach)

Plaża Poniatówka is probably the best-known place for people to meet up and have a beer at the beach. Right by the Vistula River with a view of several bridges. Best to see in the evening.
Something that all Varsovians know...

Plaza Poniatowka (Poniatówka Beach)

It is legal here to drink alcoholic beverages. You can also get a barbecue going!
Getting around Warsaw

Warsaw in your pocket
https://www.inyourpocket.com/warsaw

Warsaw in your pocket is a guide that shows you what you can see and visit in the town. It also has information about history and cultural background. The information you find on this page is updated every two months, so you don’t risk inaccurate information.

The editors are independent of sponsored listings or paid-for editorial, thus the content is subjective.

Warsaw in your pocket is available online, downloadable pdf and mobile app.

Warsaw tour
http://warsawtour.pl/en

At this website you can find information like
- **About Warsaw** – museums, history, architecture famous people related to warsaw
- **Warsaw for everyone** – shopping, spa and wellness, old town, praga district parks and more
- **Going out** – culture and nightlife
- **Tourist attractions** – Top 10, historic sites, museums, monuments, galleries, zoo and much more
- **Sports and leisure** – activities, sporting venues, equipment (rental shops for example)
- **Where to stay** – hotels, hostels, apartments campings etc
- **Eating out** – restaurants, breakfast, pizza, cafes, milk bars and much more
- **Warsaw essentials** - getting to Warsaw, getting around, practical warsaw, good to know, health, sightseeing, tourist information

Google maps

We recommend downloading the map for Warsaw at the google map application, so it will be available to you in an offline mode. This way you do not need internet to access routes.
Polish cuisine

Dumplings:
- **Pierogi** - boiled or boiled and fried / with white cheese, potato, and onion / sweet version is filled usually with seasonal fruits.
- **Knedle** - sweet filling / most popular: knedle with plum.
- **Pyzy** - bigger than knedle / filled with meat and stir-fried.

Soups:
- **Rosół** - clear broth served with pasta, chopped carrot and fresh parsley.
- **Żurek** - soured rye flour soup served with white sausage and hard-boiled egg.
- **Chłodnik** - cold soup made of soured milk, young beet leaves, beets, cucumbers and chopped fresh dill.

Meat and Stew:
- **Bigos** - cabbage based dish with diced sausage, dried mushrooms, onion, sometimes apple or dried plums.
- **Gołąbki** - Polish cabbage rolls in tomato sauce. Usually with meat and rice filling but there is also a vegetarian version.
- **Tatar** – raw minced beef with chopped onion and raw yolk.
In 2012 former Polish Prime Minister Donald Tusk kissed Angela Merkel’s hand. Many tried to explain this event in a variety of ways. However, including the cultural context is key here. Therefore, we feel obligated to describe a few of Polish norms of behavior. First and foremost, Polish men tend to show respect to women in numerous ways: you can be let in first when entering a room/building; you can be approached to be kissed on the hand which is exactly what the Primer Minister did (although this custom disappears you may still see that amongst older generation); you can expect help when need to lift something heavy and you can expect that a man will help you to put on your coat.

Also, Poland is a very hierarchical country so the proper way of behavior when you meet someone for the first time is to name your partner Mr or Mrs/Ms.

Above all, Poland has a very specific attitude towards rules and regulations -they are conventions which should be treated reasonably. Not in an absolute but in a circumstantial way. Regulations may be disobeyed or suspended if they cause no damage or distress to other people.
Additionally

We recommend site [www.culture.pl](http://www.culture.pl) to find out more about the Polish culture.

We also recommend the new Museum of Warsaw

Address: 28-42 Old Town Market Square (Rynek Starego Miasta 28–42)
Opening times: Tuesday till Sunday 10:00-19:00
Phone number: +48 22 596 67 00